

# KEEPING WARM IN WINTER

Easy, low cost ways to use less electricity and gas while keeping warm this winter.



## Keep yourself warm, not the whole room

Use a blanket, beanie, hot water bottle, or electric heated rug



## Only heat the space you use

Close off rooms you are not using, and spend most of your time in one room with the door shut



## Stay in the warmest parts of your home

Rooms that face north usually get more sun and stay warmer



## Cover your windows

Putting bubble wrap or shiny material on windows helps keep heat inside. It may look a bit funny, but it works!



## Stop drafts under doors

Use a draft stopper or rolled-up towels. Use Velcro on each end to keep them in place and prevent tripping



## Stop heat escaping

Close your curtains, or use a sheet or blanket to cover windows



## Seal small gaps and cracks

Check around doors, windows, and walls. Blocking gaps stops cold air from getting in



## Add floor coverings

Rugs or spare carpet pieces on hard floors help keep rooms warmer

Improving your home's energy efficiency can save you money. It can also help you stay healthier and more comfortable in winter.

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